

Health & Prevention Family Fun Day

**FREE
COMMUNITY
EVENT!**

**SATURDAY
June 6th 2009**

FREE HEALTH SCREENS!

- Total Cholesterol
- Blood Glucose
- Blood Pressure
- Oxygen Saturation
- Body Fat/BMI

Holton Family Health Center

**INFLATABLES & Fun
Family Activities!**

Schedule of Events

7:30 am LifeCare 5K Fun Run

8:30 am 1 Mile Family Walk

9:00 am Guest Speaker

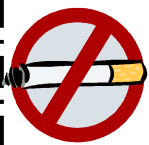
Door Prizes following speaker!

8:00 - 11:00 am Lots of Health
and Safety Booths, Food, Give-
aways, Games, and Family
Fun!

For More Information Contact:
Deanne Armstrong
JCCTCC Coordinator
785-876-6028
Rain Date: 6/27/2009



Child Seat
Safety Check



**CLEAN AIR
BOOTH**

50 FREE

QUIT KITS!

**KNZA Prize
Wheel**

Location:

**HOLTON FAMILY
HEALTH CENTER**

1603 W 4th St Holton, KS 66436

**P
r
i
z
e
s**

5K Run

Medals will be awarded to the top finishers in both a men's and women's age categories.

1 Mile Walk Drawings

Three prizes will be awarded to individuals that participate in the walk.

T-Shirts

Free T-Shirt to the first 100 participants who sign up for the 5K or 1 Mile!

Door Prizes

iPod
Mountain Bikes



jacoprevention.com



JCCTCC

Jackson county communities that care coalition

